

We apply data to

improve access to care



## How Data Helps Drive Timely Treatment

The process for obtaining access to Applied Behavioral Analysis (ABA) services for children with Autism Spectrum Disorder (ASD) can be difficult and lengthy. This is a concern because research points to the value of early diagnosis and access to behavioral services in improving the core symptoms of autism.

The Chief of Developmental-Behavioral Pediatrics at Naval Medical Center Portsmouth (NMCP) came to us to investigate how long their patients had to wait for treatment after being diagnosed with ASD. We determined the number of children three years of age and younger diagnosed with ASD, the number of those who received ABA, and the number of days from diagnosis to treatment.

The analysis demonstrated a gap between those diagnosed with ASD and those who received ABA. It also identified potential reasons for delays, such as change of insurance or inaccurate coding. NMCP will use this information to improve access to care by reducing the time between diagnosis and treatment.

Have an access to care issue that we can help you with? Email us: [usn.hampton-roads.navmcpubhlthcenpors.list.nmcpfhc-haprojreg@mail.mil](mailto:usn.hampton-roads.navmcpubhlthcenpors.list.nmcpfhc-haprojreg@mail.mil)

